



# 16th Invitational Pil Sung Tae Kwon Do Tournament

**Saturday, May 12, 2018**

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<b>Time:</b>	Registration- 9:00 A.M. Black Belt Meeting – 9:30 A.M. Opening Ceremony – 10:00 A.M.
<b>Location:</b>	Valley Southwoods Freshman High School 625 South 35th St.. West Des Moines, IA 50265
<b>Registration:</b>	\$30 for one or two events, \$35 for three or four events Maximum Family amount is \$100
<b>Contact TRMA:</b>	(515) 285-5049   <a href="http://www.tworiversmartialarts.com">www.tworiversmartialarts.com</a>   <a href="http://www.facebook.com/tworiversmartialarts">www.facebook.com/tworiversmartialarts</a>

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### General Admission Spectators

Adults - \$3.00 Children - \$1.00 (12 and under)

### Tournament Officials

Grandmaster Woo Jin Jung, Chairman  
Grandmaster Steve Gonzalez Master Bryan Siever Ms. Jennifer Bailey

### Tournament Rules

#### Sparring

**How a winner is determined:** In sparring competition, the contestant who scores 3 points first, or is ahead on points at the end of two minutes is the winner. These points are awarded by decision of the four corner judges and referee. One point is awarded for a hand or foot technique to a legal mid-section target. One point is awarded for a foot technique to a legal high target.

**Legal and Illegal Target Zones:** The only legal areas are high-section (from neck up) for foot techniques and mid-section (above the belt to the neck) including both sides of the torso, for hand and foot techniques. Techniques are to be controlled to 1" or less. Light uniform contact indicates this. Illegal target areas are the whole of the spinal column (i.e., neck, back of head, backbone), groin, knees, throat and eyes.

**Attacking Weapons:** The only attacking tools to be used are the front fist, ball of the foot, heel, knife foot, and instep of the foot.

**Illegal Techniques:** Biting, scratching, holding, clawing, intentionally avoiding close contact, and attacking illegal targets are prohibited. Blind techniques and sweeping techniques are prohibited. Hand techniques to the head or face are prohibited.

**Warnings, Point Loss & Disqualification:** Warnings will be issued for rule infractions. Two warnings constitute minus one point. Quarreling with any judge, attempting to end the match by injury of opponent or the infliction of bruising, swelling, cut or bleeding will result in disqualification. The referee may disqualify any contestant at any time.

**Equipments Requirements:** A mouth guard is required for free sparring. Male competitors must wear groin protection for free sparring. Hand protection is required of all Black Belt competitors and hand and foot protection is recommended for all.

#### Weapons

Competitors will compete as a group similar to the Grand Championship Forms competition.

#### Forms

Forms will be judged by a panel of up to five judges. Each judge may award a possible ten points. The highest and lowest scores will be disregarded, and the final score will be the total of the remaining points.

#### Board Breaking

Board breaks will be judged by a panel of up to five judges. Each judge may award a possible ten points. The highest and lowest scores will be disregarded, and the final score will be the total of the remaining points.

White, Yellow, Orange - One board  
 Green, Blue – Two boards  
 Brown – Three boards  
 Black – Four boards

\*Fist breaks are allowed only for competitors 18 years and older.

**Appearance:** Each contestant will compete in a clean uniform. Jewelry or trinkets of any kind are not to be worn.

**Miscellaneous:** Anything not covered by these rules shall be decided by the tournament officials, as shall any dispute over interpretation of the rules.

### Tournament Divisions

Age Group	Divisions for Forms and Board Breaking			
Sub-Mini Pee-Wee (Ages 5, 6, 7)	White, Yellow, Orange	Green, Blue	Brown	Black
Mini Pee-Wee (Ages 8, 9, 10)	White, Yellow, Orange	Green, Blue	Brown	Black
Pee-Wee (Ages 11, 12, 13)	White, Yellow, Orange	Green, Blue	Brown	Black
Juniors (Ages 14, 15, 16)	White, Yellow, Orange	Green, Blue	Brown	Black
Men's (Ages 17 – 34)	White, Yellow, Orange	Green, Blue	Brown	Black
Women's (Ages 17 – 34)	White, Yellow, Orange	Green, Blue	Brown	Black
Senior Men's (Ages 35 – 49)	White, Yellow, Orange	Green, Blue	Brown	Black
Senior Women's (Ages 35 – 49)	White, Yellow, Orange	Green, Blue	Brown	Black
Executive Men's (Ages 50+)	White, Yellow, Orange	Green, Blue	Brown	Black
Executive Women's (Ages 50+)	White, Yellow, Orange	Green, Blue	Brown	Black

1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place will be awarded in all divisions. All colored belts who place 1st in their division for forms are eligible to participate in the Colored Belt Grand Championship Forms competition. All black belts who place 1<sup>st</sup> in their division for forms are eligible to participate in the Black Belt Grand Championship Forms competition.

Age Group	Divisions for Sparring			
Sub-Mini Pee-Wee (Ages 5, 6, 7)	Yellow, Orange	Green, Blue	Brown	Black
Mini Pee-Wee (Ages 8, 9, 10)	Yellow, Orange	Green, Blue	Brown	Black
Pee-Wee (Ages 11, 12, 13)	Yellow, Orange	Green, Blue	Brown	Black
Juniors (Ages 14, 15, 16)	Yellow, Orange	Green, Blue	Brown	Black
Men's (Ages 17 – 34)	Yellow, Orange	Green, Blue	Brown	Black
Women's (Ages 17 – 34)	Yellow, Orange	Green, Blue	Brown	Black
Senior Men's (Ages 35 – 49)	Yellow, Orange	Green, Blue	Brown	Black
Senior Women's (Ages 35 – 49)	Yellow, Orange	Green, Blue	Brown	Black
Executive Men's (Ages 50+)	Yellow, Orange	Green, Blue	Brown	Black
Executive Women's (Ages 50+)	Yellow, Orange	Green, Blue	Brown	Black

1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place will be awarded in all divisions. To be eligible for Black Belt Grand Championship Sparring, competitors must compete in the Men's or Women's age divisions.