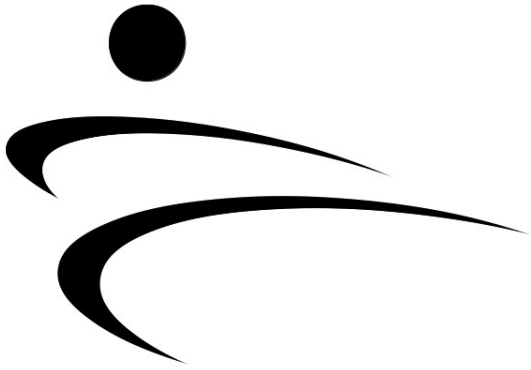


Knife Defense Class at Two Rivers



Saturday June 23 from 1-4 pm at the Hub

All levels, age 16 and above welcome

BBYG all ages welcome

Cost 25\$ per person—includes your own practice knife

Please register by June 11

Guest instructor—Mr. Matt White of Triumph Martial Arts and Iowa Krav Maga.

Attire is dobok pants and a t-shirt

Questions-Steven.Goldstein@TRMA.US



Name _____

Age _____

Phone # _____

Signature (parent if under 18) _____